



Head Start School Intervention Project  
**Self Expression: Question of the Week**

**Goal of activity:** Children exposed to violence may have difficulty with self-expression and with experiencing a sense of power and control in safe ways. This activity provides a safe way for children to express opinions and experience a sense of power safely in the classroom.

**Approximate length of activity: ongoing**

**Materials:** Ballot Boxes, Poster Board, Markers, Name Tags

**Instructional Procedures:**

- The teacher/aide will post a question of the day in a central area in the classroom.
- The teacher/aide will read the question aloud and describe the voting process.
- Students will be invited to place their vote (name tag) in a ballot box labeled with a choice of words (ie: green or blue) as well as a picture of possible answers.
- The teacher/aide will tally the ballots with the students at the end of the week.





Feeling Safe



Feeling Good about Learning



Calming My Body and Mind

 <p><b>KEY POINTS – Anxiety/Overstimulation</b></p> <p><b><u>Withdrawal from activity</u></b></p> <ul style="list-style-type: none"> <li>○ Allow children to observe others</li> <li>○ Allow children to participate as much or as little as they like</li> </ul> <p><b><u>Difficulty making a decision</u></b></p> <ul style="list-style-type: none"> <li>○ Work one on one to help child consider the choices.</li> </ul> <p><b>“Here is a picture of a frog. Is this frog green like this picture or blue like this picture?”</b></p> <ul style="list-style-type: none"> <li>○ Allow child to place more than one vote – provide extra name tags.</li> <li>○ Allow child to change their vote.</li> </ul>	 <p><b>LITERACY TIPS</b></p> <p><b><u>Oral Language</u></b></p> <ul style="list-style-type: none"> <li>○ Encourage children to describe what they see in the answer picture – point out the word that describes the picture. “Let’s see what answers we can choose today. What do you see in this picture?”</li> <li>○ Expand on one word utterances: How can you tell this is a rabbit? You can tell it’s a rabbit because it has fluffy fur, and a pink nose and whiskers.”</li> </ul> <p><b><u>Phonology</u></b></p> <ul style="list-style-type: none"> <li>○ Model the sound of the week and remind children that the answer will begin with this sound.</li> </ul> <p><b><u>Print Knowledge</u></b></p> <ul style="list-style-type: none"> <li>○ Point out that the written word, the picture and the word said aloud are the same thing</li> </ul>
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Letter of the Week	Question of the Week
A	What kind of fruit is red and grows on trees? Apples
B	What does Miss/Mr _____ drive? Bus
C	Which animal says “moo”? Cow
D	Which animal starts with a ‘D’ sound? Dog, Fish, Cat
E	What part of your body helps you hear? Ears, Knees, Mouth
F	What kind of animal is green and hops? Frogs
G	What color are frogs? Green
H	Did you wear a hat today? Yes or No
I	Ice cream is Cold or Hot? Cold
J	What would you put on a sandwich? Jelly, Soap, Oranges
K	Where do you cook? Kitchen, Bedroom, Bathroom
L	How do you run? Legs, Arms, Ears
M	When do you eat breakfast? Morning, Afternoon, Night
N	How many nickels are in this picture? 9
O	Where is the playground? Inside, Outside
P	Who is wearing pink?
Q	You can ask a question
R	What color is a stop sign? Red, Green, Blue
S	When do flowers grow? Summer, Winter, Fall
T	Which shape has 3 corners/3 sides? Triange, Square, Circle
U	Where is the sky? Up or Down
V	What are green beans, carrots and lettuce? Vegetables, Fruit, Meat
W	How do we move in the classroom? Walk or Run
X	What sound can an x make? ‘z’, ‘k’, ‘d’
Y	What color is a school bus? Red, Blue, Yellow?
Z	What animal is in this picture? Zebra, Bird, Dog