Northwest Michigan Community Action Agency

Professional Development Opportunities

2019-2020

* August 7th – Duration Teachers Professional Development Day, 9am – 12:30pm, Traverse City, Large Conference Room.
* August 19th – Non-duration Teachers Professional Development Day, 9am – 12:30pm, Traverse City, Large Conference Room
* August 26th – CLASS Training, 9am – 12noon, Traverse City, Large Conference Room.
* August 26th – GOLD Training, 1pm – 3:30pm, Traverse City, Large Conference Room.
* September 13th – CLASS Training, 9am – 12noon, Traverse City, Large Conference Room.
* September 13th – GOLD Training, 1pm – 3:30pm, Traverse City, Large Conference Room.
* September 27th – Early Head Start Exploring Infant/Toddler eDeca with Conscious Discipline and Your Journey Together, 9:30-3:30, Cadillac, Marty Paul Conference Room \*Required Early Head Start Infant Toddler Teachers. All other EHS staff welcome.
* October 7th - GOLD Training, 1:30-3:30pm, Traverse City, Large Conference Room.
* October 10, 11, November 7,8, December 12,13, January 9,10 - Family Service Credential, Kaliseum, Kalkaska, limited to 20 participants, must attend all dates
* October 11 - ChildPlus 101 Basics, 9:30am-12:30pm, Kalkaska Conference Room
* October 11 - Child Plus Direct Entry, 1:30-3:00 pm For Teachers interested in Directly entering in Child Plus rather than social service tracking, Kalkaska Conference Room.
* October 11th - Talking About Touch II Safety Curriculum (Includes how to talk with children about personal body safety) 1:00-3:00, TC Large Room
* October 18 - Self Regulation Cohort - 9:30-12:00 Year-long commitment (Oct 18, Nov 22, Dec 20, Jan 17, Feb 21, March 20, April 17, May 15, June 19) All located in TC Large Room, except Nov 22nd is at Long Lake
* October 18th - CLASS Training, 9am - 12 noon, Kalkaska Conference Room
* October 18th - GOLD Training, 1pm - 3:30 pm, Kalkaska Conference Room
* October 25th - Exploring using Mindfulness in the classroom, part 1. 9:30-12:30 Attendees will leave with a MindUp Curriculum, TC Large Room. Part 2 is February 21st.
* October 25 - Darkness to Light, Talk Protect Report Sexual Abuse Awareness and Prevention. 10 AM-12PM, NMCAA Petoskey Conference Room, limited to 10 participants
* October 25 - ACE’s Awareness Discussion, 1PM-3PM, NMCAA Petoskey Conference Room, limited to 10 participants
* October 29th-Health Advisory Meeting-9am-11am, Traverse City, Large Conference Room.
* November 1st – Policies and Procedures Training, 9:30am – 12:30pm, Traverse City, Large Conference Room.
* November 1st - Darkness to Light, Talk, Protect, Report Sexual Abuse Awareness and Prevention. 1:00-3:00, TC Large Room
* November 8th - Exploring e deca, with Conscious Discipline and Your Journey Together, 9:30-3:30 Traverse city Large Room.
* November 8th - Darkness to Light, Talk, Protect, Report Sexual Abuse Awareness and Prevention. 2:00-4:00pm, Marty Paul Conference Room, Cadillac.
* November 15th – IMH Training - Enhancing Resilience and Building Skills While Keeping Children in Mind. 9:00-3:30, by Kristin Tenney-Blackwell, Hagerty Center, TC.
* December 6th – Teacher Professional Development Day with Kristie Pretti-Fronzak (Teachers will choose between November 15th and December 6th trainings and can attend both if time allows)
* December 13th - ACES Champion Training, 9:00-3:30. Appropriate for Management or any staff doing training. Upon completion, staff will offer ACES awareness/discussion sessions. Location to be determined.
* January 10th - ACES Awareness/Discussion, 9:30-12:00, TC Large Room
* January 10th - Theraplay, 1:00-3:30, TC Large Room
* January 17th – CLASS training, 9am – 12noon, Kalkaska Conference Room.
* January 17th – GOLD Training, 1pm – 3:30pm, Kalkaska conference room
* January 31st, - Active Supervision Training, 9:30am – 12:30pm, Traverse City, Large Conference Room.
* January 31st - Self Care and Mindfulness for staff, 1:30-3:30, TC Large Conference Room.
* February 21st - Exploring Mindfulness using the MindUp Curriculum part 2. 1:00-3:30, TC Large Room
* February 28th – Teacher Professional Development Day
* March 13th - Exploring Attachment and the Circle of Security. Opportunities for discussion about how we manage challenges. 9:30-12:30, TC Large Room
* March 13th - ChildPlus 101 Basics, 1pm-3pm Kalkaska Conference Room
* April 28th - Health Advisory Meeting-9am-11am, Traverse City, Large Conference Room.

*Fliers for the above trainings will be emailed; RSVP after receiving a flier. Additional trainings will be added to the winter/spring 2019 Training Addendum and emailed.*

**Curriculum Webinars:**

**"5 Things You Can Do Today to Lessen Challenging Behaviors Tomorrow":** [https://register.gotowebinar.com/recording/viewRecording/6144339644780369155/793909359461937155/aaronson@nmcaa.net?registrantKey=709532836814124299&type=ABSENTEEEMAILRECORDINGLINK](https://mail.nmcaa.net/owa/redir.aspx?C=zDjAnM_FE0gpUU1YoeOTGWFYMc0soShUrGn-f_SLu7efVHlD3gzWCA..&URL=https%3a%2f%2fregister.gotowebinar.com%2frecording%2fviewRecording%2f6144339644780369155%2f793909359461937155%2faaronson%40nmcaa.net%3fregistrantKey%3d709532836814124299%26type%3dABSENTEEEMAILRECORDINGLINK)

**"Picturing the Project Approach":** [https://register.gotowebinar.com/recording/viewRecording/4772851718551761922/707526226104207883/aaronson@nmcaa.net?registrantKey=3182931519993238284&type=ABSENTEEEMAILRECORDINGLINK](https://mail.nmcaa.net/owa/redir.aspx?C=fV-1eKBCRxKBsagksdBD6f3kznrE9YpJsz-Aq3TjfGafVHlD3gzWCA..&URL=https%3a%2f%2fregister.gotowebinar.com%2frecording%2fviewRecording%2f4772851718551761922%2f707526226104207883%2faaronson%40nmcaa.net%3fregistrantKey%3d3182931519993238284%26type%3dABSENTEEEMAILRECORDINGLINK)

**Conscious Discipline:**

Conscious Discipline Webinars via [www.nmcaa.net](http://www.nmcaa.net)

*Archived Webinars – Appropriate for staff and parents*

*Go to NMCAA website; Early Childhood tab; Family Corner tab; Training videos & other multimedia tab .Certificates can be issued IF Supervisor or Coach verifies viewing date and discussion of content*

* Understanding and Practicing Conscious Discipline Part 1
* Understanding and Practicing Conscious Discipline Part 2
* Understanding and Practicing Conscious Discipline Part 3

 **Conscious Discipline Learning** – [www.ConsciousDiscipline.com](http://www.consciousdiscipline.com)

***The website has fantastic resources to learn Conscious Discipline. Videos; summaries of Conscious Discipline from CD books; podcasts; free webinars; Examples via Shubert’s School; Book Portal; Articles; Video Gallery*** Method + Research; E-Learning; Free Resources

***Calm The Chaos Workshops Online*** (parents and professionals; can view recordings)

<http://calmthechaosworkshop.com/cal>

<http://calmthechaosworkshop.com/community>

help@calmthecahosframework.com

**Happily Family** (Resources, videos and recordings for parents and professionals)

<https://www.happilyfamily.com>

**Devereux, Center for Resilient Children** [https://centerforresilientchildren.org](https://centerforresilientchildren.org/)

**Free upcoming workshops:**

**Tuesday, September 10, 2019, 2-3pm ET** - *FLIP IT! Transforming Challenging Behavior*

**Thursday, September 19, 2019, 2-3pm ET -** *The DECA Program in Your Everyday Practice: Two programs share their stories.*

***Thursday, October 24, 2019, 2-3pm ET*** *- Building Your Bounce: Simple Strategies for a Resilient You.*

**Devereux, Center for Resilient Children**

**Webinars on Demand (No certificates provided)**

[The DECA Program and Resilience: 20 Years, 20 Questions, 20 Minutes](https://dcrc.adobeconnect.com/resilience/event/registration.html)

[Resilience 101: The Science, Strategies, & the DECA Program](https://dcrc.adobeconnect.com/eg4gxhyb372v/event/registration.html)

[FLIP IT! Transforming Challenging Behavior](https://dcrc.adobeconnect.com/et5up4swbp6d/event/registration.html)

[Building Your Bounce: Simple Strategies for a Resilient You](https://dcrc.adobeconnect.com/eur46m5j5irz/event/registration.html)

[Bringing Families on the Resilience-Building Journey](https://dcrc.adobeconnect.com/ezjn39cu9rf1/event/registration.html)

[Using the DECA Program to Promote Trauma-Sensitive Settings](https://dcrc.adobeconnect.com/eun74f3b7io7/event/registration.html)

[Key Strategies to Resilient Leadership](https://dcrc.adobeconnect.com/e72uq7awdgld/event/registration.html)

[Take Care of YOU, Take ON Challenging Behaviors](https://dcrc.adobeconnect.com/etw9pmtfkvtx/event/registration.html)

[Monitor Progress & Track Results with the Conscious Discipline e-DECA System](https://dcrc.adobeconnect.com/evoia97no6vf/event/registration.html)

[Facing the Challenge: Supporting Young Children Who Use Challenging Behavior](https://dcrc.adobeconnect.com/ephlbbobyzs5/event/registration.html)

[Trauma-Sensitive Practices for a Positive, Thriving Classroom [edWeb]](https://home.edweb.net/webinar/classroommanagement20180809/)

[Challenging Behavior: What Role Do Leaders Play?](https://dcrc.adobeconnect.com/eygied6ubvaa/event/registration.html)

[Boosting Your Child's Resilience & Independence [Bright Horizons]](https://www.brighthorizons.com/family-resources/parenting-tips-webinar/boosting-childrens-resilience-independence)

**Circle of Security -** [**https://www.circleofsecurityinternational.com**](https://www.circleofsecurityinternational.com/animations)

***A variety of parenting and professional resources, handouts and animated videos. Video clips: Within animations of website. Being with and Shark Music; Good enough; Connection***

***Paratus with Kristin Tenney-Blackwell*** [***https://kristintenneyblackwell.org/***](https://kristintenneyblackwell.org/)

***A variety of resources, newsletters, blogs and training based upon Connection, Resilience and Well-Being.***

**See “Trauma-Informed Practices...Pushing Past the Pages” *Each group will begin in September 2019, last 7 weeks and cost $77 + cost of the book. All options listed below are virtual connection times via Zoom. Each group needs at least 7 people to progress (max group size is 10). Book is not included and will need to be ordered separately. - If interested, email Stacey Parent*** ***sparent@nmcaa.net***

#### ***Understanding Ourselves and Others: Why Do We (and others) Do What We Do?***

***The Four Tendencies (by Gretchin Rubin)***

***Mondays: September 23rd, September 30th, October 7th, October 21st, October 28th, November 4th, November 18th***

***12:00pm – 1:00pm EST***

[***SIGN UP***](https://kristintenneyblackwell.org/product/the-four-tendencies/)

#### ***Relationship-Based Approaches that Support Healing and Build Resilience in Young Children***

***Trauma-Informed Practices for Early Childhood Educators (by Julie Nicholson, Linda Perez, and Julie Kurtz)***

***Mondays: September 23rd, September 30th, October 7th, October 21st, October 28th, November 4th, November 18th***

***1:00pm – 2:00pm EST Daytime Option***

***7:30pm – 8:30pm EST Evening Option***

[***SIGN UP***](https://kristintenneyblackwell.org/product/trauma-informed-practices-for-early-childhood-educators/)

#### ***Raising Resilience***

***Raising Resilience (by Christopher Willard)***

***Mondays: September 23rd, September 30th, October 7th, October 21st, October 28th, November 4th, November 18th***

***2:00pm – 3:00pm EST***

[***SIGN UP***](https://kristintenneyblackwell.org/product/raising-resilience/)

#### ***Coaching with Compassion, Curiosity and a Ready Mind***

***Helping People Change: Coaching with Compassion for Lifelong Learning and Growth (by Richard Boyatzis, Melvin L. Smith, Ellen Van Oosten)***

***Mondays: September 23rd, September 30th, October 7th, October 21st, October 28th, November 4th, November 18th***

***3:00pm – 4:00pm EST***

[***SIGN UP***](https://kristintenneyblackwell.org/product/coaching-with-compassion-curiosity-and-a-ready-mind-book-club/)

#### ***Stress and Anxiety in Girls***

***Under Pressure (by Lisa Damour)***

***Mondays: September 23rd, September 30th, October 7th, October 21st, October 28th, November 4th, November 18th***

***8:30 – 9:30pm EST***

**Tosha Shore website, blog and parenting tips and resources** [***https://toshaschore.com***](https://toshaschore.com/)

***Tosha supports parents building healthy relationships with boys through lifes transitions.***

***Updated webinar offerings will be emailed.***

*Additional Theraplay and Darkness To Light Trainings will also be emailed.*

*Additional trainings can be offered to meet staff’s needs if current dates don’t work*

*IMH Foster Care Training will be available for spring 2020. Originally scheduled as a 1 day is now becoming a 2 day training...dates to come!*